



A day with Prof. Dr. Adams and Dr. Patricia Dolan.

PROGRAMME

09.00 - 09.45: **1. Spine functional anatomy and biomechanics** (Mike Adams)

09.45-10.00: Q & A

10.00 - 10.45: **2. Forces acting on the living spine** (Trish Dolan)

10.45-11.00: Q & A

11.00 - 11.30: COFFEE BREAK

11.30-12.15: **3. Spinal degeneration** (Mike Adams)

12.15 - 12.30: Q & A

12.30 - 13.30: LUNCH BREAK

13.30 - 14.15: **4. Back and neck pain** (Mike Adams)

14.15 - 14.30: Q & A

14.30 - 15.15: **5. Sensorimotor control of the spine** (Trish Dolan)

15.15 - 15.30: Q & A

15.30 - 16.00: COFFEE BREAK

16.00 - 16.45: **6. Future research directions and novel treatments** (Adams & Dolan)

16.45 - 17.00: Final Q & A on all lectures

17.00: END OF SESSION